

Today's Nihongo (Japanese)

Words used in Weapon Practice

Chudan (中段): Middle level

Kamae (構え): Stance

Chudan no Kamae (中段の構え):
Hold Bokken pointing at the opponent's eyes.

Youi (用意): Ready

Kata (型): Form
: As in "*Bokken Kata*"

Today's Waza (Technique)

