

# AIKIDO DOJO INTERNATIONAL

## CHILDREN KYU TEST REQUIREMENTS

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### 8<sup>th</sup> KYU – Orange Belt

#### Time and Events Requirements

Minimum 3 months and 20 hours of training

#### Ki Tests and Exercises

- Seiza
- Hanmi no Kamae
- Orenai te
- Koho tento Undo
- Shomen uchi

#### Technique

- Katadori Ikkyo
  - Katate kosadori Kokyunage
  - Katate kosadori Kotegaeshi
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### 7.5 KYU – Orange Belt with one stripe

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 8th Kyu

#### Ki Tests and Exercises

- Shizentai
- Agura no Shisei
- Funakogi Undo
- Munetsuki

#### Technique

- Shomen uchi Kokyunage
  - Katatedori Shihonage
  - Katatedori Nikyo
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### 7<sup>th</sup> KYU – Orange belt with two stripes

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 7.5 Kyu

#### Ki Tests and Exercises

- Shomen uchi Ikkyo Undo
- Zengo Undo
- Mae Ukemi, Rolling
- Yokomen uchi

#### Technique

- Shomen uchi Kotegaeshi
  - Shomen uchi Iriminage
  - Katatedori Sankyo
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### 6.5 KYU – Blue Belt

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 7th Kyu

#### Ki Tests and Exercises

- Happa Undo
- Banzai no Kamae
- Ushiro Ukemi, Rolling

#### Technique

- Munetsuki Kotegaeshi
  - Katatedori Kaiten nage
  - Ushiro ryokatadori Kokyunage
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### 6<sup>th</sup> KYU – Blue belt with one stripe

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 6.5 Kyu

#### Ki Tests and Exercises

- Tekubi kosa Undo
- Sayu Undo
- Sayu Choyaku Undo
- Udefuri Undo
- Udefuri Choyaku Undo

#### Technique

- Yokomen uchi Shihonage
  - Ushiro tekubidori Kokyunage
  - Shomen uchi Ikkyo
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### 5.5 KYU – Blue belt with two stripes

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 6th Kyu

#### Ki Tests and Exercises

- Ushiro sori
- Mae kagami
- Ushirodori Undo
- Ushir tekubidori Undo

#### Technique

- Ushiro tekubidori Kotegaeshi
  - Katadori Yonkyo
  - Ryotedori Tenchinage
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### 5th KYU – Blue belt with three stripes

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 5.5 Kyu

#### Ki Tests and Exercises

- Tenkan Undo
- Shikko
- Yoko Ukemi (full breakfall)

#### Technique

- Ryotedori Kokyunage
- Ushiro hijidori Kotegaeshi
- Munetsuki Kokyunage

#### Suwarī waza:

- Shomen uchi Ikkyo
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### 4.5 KYU – Purple belt

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 5th Kyu

#### Ki Tests and Exercises

- Kataashi age
- Kamae with Bokken

#### Technique

- Katatedori Kokyunage
  - Ushirodori Kokyunage
  - Ryotedori Kaiten nage
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### 4<sup>th</sup> KYU – Purple belt with one stripe

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 4.5 Kyu

#### Ki Tests and Exercises

- Agaranai Karada
- Bokken Suburi

#### Technique

- Katate ryotedori Nikyo

#### Suwarī waza:

- Shomen uchi Kokyunage
  - Katadori Nikyo
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### 3.5 KYU – Purple belt with two stripes

#### Time and Events Requirements

Minimum 3 months and 20 hours after earning 4th Kyu

#### Ki Tests and Exercises

- Jo Suburi

#### Technique

- Ryokatadori Kokyunage
- Katatedori Sumiotoshi
- Katate ryotedori Kokyunage

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### 3<sup>rd</sup> KYU – Purple belt with three stripes

#### Time and Events Requirements

Minimum 4 months and 30 hours after earning 3.5 Kyu

#### Ki Tests and Exercises

- Kokyu ho
- Meiso ho

#### Technique

- Ryokatadori Kotegaeshi
  - Ryokatadori Ikkyo
- Hanmi handachi Waza:
- Katatedori Shihonage
  - Katatedori Sankyo

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### 2.5 KYU – Brown belt

#### Time and Events Requirements

Minimum 4 months and 30 hours after earning 3rd Kyu

#### Ki Tests and Exercises

- Questions about Four Basic Principles of Aikido

#### Technique

- Ushiro tekubidori Jujinage
  - Ushiro katatedori kubishime Kokyunage
  - Ryotedori Koshinage
- Hanmi handachi Waza:
- Munetsuki Kotegaeshi

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### 2<sup>nd</sup> KYU – Brown belt with one stripe

#### Time and Events Requirements

Minimum 4 months and 40 hours after earning 2.5 Kyu

#### Ki Tests and Exercises

- Walking with mind and body unified

#### Technique

- Yokomen uchi Sudori
- Ushiro tekubidori Shihonage
- Katate ryotedori Kotegaeshi
- Jiyu waza: Grasping attacks

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### 1.5 KYU – Brown belt with two stripes

#### Time and Events Requirements

Minimum 6 months and 60 hours after earning 2nd Kyu

#### Ki Tests and Exercises

- Bokken Kata I  
(Happo Giri)

#### Technique

- Munetsuki Kaiten nage
- Yokomen uchi Sokumen Iriminage
- Hanmi handachi: Free Technique
- Randori (2 attackers)

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### 1<sup>st</sup> KYU – Brown belt with three stripes

#### Time and Events Requirements

Minimum 9 months and 80 hours after earning 1.5 Kyu

#### Ki Tests and Exercises

- Jo Kata I  
(22 movement)

#### Technique

- Ushiro tekubidori Koshinage
  - Ushiro waza: Free Technique
  - Tantodori
  - Randori (3 attackers)
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